

## Course Outline KULIS

Course title	Benedictine Spirituality: Early Wisdom for Life Today
Date/duration	26-27 November 2021 (Friday, 3 p.m. to Saturday, 4 p.m.)
Lecturer	<b>Bernhard A. Eckerstorfer OSB</b>
Teaching language	<b>English</b>
ECTS	<b>1</b>
<b>Contents</b>	
<p>This course gives an introduction into monasticism from an existential point of view with respect to questions of today. What are the major developments that could be instructive for contemporary theology and the Church? Departing from central figures of Early Egyptian monasticism, St Benedict and Gregory the Great, a phenomenology of monasticism will be developed.</p>	
<b>Learning outcomes</b>	
<p>The students will be acquainted with Benedictine spirituality and asked to draw conclusions for its formative power today. An emphasis will be put on looking at monasticism in a realistic way, being aware of its current crises that it shares with the broader Church (and theology).</p>	
<b>Teaching and learning methods</b>	
<p>The course will consist of six lessons, each 90 minutes, held at the ancient Benedictine Abbey of Kremsmünster, south of Linz. The teaching units will take up the history and life of this monastery to illustrate Benedictine life through the centuries. The students are asked to actively participate and share their reflections and insights stemming from their own experience and theological training.</p>	
<b>Course preparation</b>	

There will be an article sent to all the students prior to the course that confronts them beforehand with central questions dealt with in the course.

### **Literature/ Selected Bibliography**

The literature in English and German will be submitted during the units of the course. The students, asked to write a paper about a subject connected with the topic and using major insights from the course, have to choose a certain amount of pages from the literature presented.

### **Assessment (%)** (methods of examination, requirements for awarding credit points)

Active Participation of this course is required. In case a student cannot be present (sickness or other serious reasons), the teaching units can be substituted by further reading.  
The paper submitted after the course counts 50% and will be discussed with the instructor (25%) or within the group in a final meeting to be determined if the students consent to it.

### **Contact details (lecturer)**

The instructor can be reached via e-mail:  
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