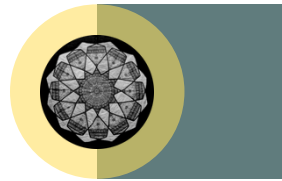




SINCLÈTICA MONASTIC SCHOOL  
KNOWLEDGE, ARTS & INTERIORITY

# HUMILITY



*January 11/ 17-19, 2025*

Sinclètica Monastic School gives you access  
to the learning experience of our innovative  
Program in a weekend module

Program Coordinator:  
Sr. Teresa Forcades, OSB

Monestir de Sant Benet de Montserrat (Catalonia)  
[www.sincletica.cat](http://www.sincletica.cat)



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# THE TOPIC FOR THE THEMATIC BLOCK IN JANUARY 2025 IS HUMILITY

- A team of eight international professors will be sharing Eight Pearls on HUMILITY from the perspective of Science, Politics, Philosophy, Literature, Bible, Fine Arts, Theology and Music. Pearls are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of each professor finds particularly helpful or illuminating.
- Monastic wisdom has always known that experience and knowledge cannot be separated. A key element of our program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.
- The lectures can be attended on-site at Villa Engràcia (next to the medieval Monastery of Poblet: [villaengracia.com](http://villaengracia.com)) or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.
- The lectures are in English. Videos of the lectures are accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish are made available.

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The fee for a weekend is 155€ on site / 200€ on-line

Interested please write to the Registrar's Office:

[ginascr@sincletica.cat](mailto:ginascr@sincletica.cat)

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# HUMILITY

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## SATURDAY 11

14:00 PROTOCOL & ANTICIPATION

14:15 **PHILOSOPHY**

*'The Mystery of the Holy Innocents', by Charles Peguy -excerpt- (1956).*

ISABELLA GUANZINI

15:00 *Silence*

15:15 SMALL GROUPS / DIALOGUE WITH PROF. GUANZINI

16:15 PROTOCOL & ANTICIPATION

16:30 **BIBLE**

*"Learn from me; for I am gentle and humble in heart!"  
(Matthew 11:29).*

MOISÉS MAYORDOMO (BASEL)

17:15 *Silence*

17:30 SMALL GROUPS / DIALOGUE WITH PROF. MAYORDOMO

18:30 CLOSURE

18:45 *Prayer of Vespers (live streaming from St. Benet)*



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## FRIDAY 17

18:00 OPENING PRAYER / PROTOCOL & ANTICIPATION

18:45 **LITERATURE**

*'The brothers Karamazov', by Fedor Dostoevskij (1880).*

CRISTINA GUARNIERI (ROME)

19:30 *Silence*

19:45 SMALL GROUPS / DIALOGUE WITH PROF. GUARNIERI

20:45 CLOSURE

## SATURDAY 18

9:30 MORNING PRAYER / PROTOCOL & ANTICIPATION

10:15 **POLITICS**

*'The Virtues of Vulnerability: Humility, Autonomy, and Citizen-Subjectivity', by Sara Rushing (2021).*

ULRIKE ERNST-AUGA (BERLIN)

11:00 *Silence*

11:20 SMALL GROUPS / DIALOGUE WITH PROF. ERNST-AUGA

12:20 *Chi-kung exercises and lunch*

14:00 PROTOCOL & ANTICIPATION

14:15 **SCIENCE**

*Arrow's impossibility theorem (1950).*

LUIGI POLLASTRO (MILAN)

15:00 *Silence*

15:20 SMALL GROUPS / DIALOGUE WITH PROF. POLLASTRO

16:30 PROTOCOL & ANTICIPATION

16:45 **FINE ARTS**

*Three untitled photographs, by amateur photographer Josep Fusté (1923-1978).*

MARC BARCELÓ

17:30 *Silence*

17:50 SMALL GROUPS / DIALOGUE WITH PROF. BARCELÓ

19:00 CLOSURE



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## SUNDAY 19

9:00 PROTOCOL & ANTICIPATION

9:15 **THEOLOGY**

*Alice Walker's interview at the Writer's Symposium by the Sea (2020).*

TERESA FORCADES I VILA (MONTSERRAT)

10:00 *Silence*

10:20 SMALL GROUPS / DIALOGUE WITH PROF. FORCADES

11:50 *Chi-kung exercises or Eucharist / Lunch*

13:45 PROTOCOL & ANTICIPATION

14:00 **MUSIC**

*Montserrat Alavedra, an inspiring way of singing (1945-1991).*

ORIOL ROMANÍ (BARCELONA)

14:45 *Silence*

15:05 SMALL GROUPS AND DIALOGUE WITH PROF. ROMANÍ

16:15 PERSONAL WORK: MY PEARLS FROM THE WEEKEND

17:00 FINAL DIALOGUE

*Optional daily prayer with the monastic community:*

*5:15 matins / 7:00 or 7:30 lauds*

*8:00 or 12:00 eucharist*

*18:45 vespers / 20:30 compline*